

E-MAGZINE

JPIC MAGNET CLUB

SMC RAMNEE

2021-2022



Principal's Message



Dear Parents, teachers and students,

At the outset of this new venture of introducing the JPIC E-Magazine. I would like to take your attention towards ,What is JPIC?

JPIC is ...

- JPIC is the conscious prayer and action to transform the world in the spirit of the Gospel through lives of justice, peace and care for the integrity of creation.

Taking a small conscious step in our everyday life can help us to reflect on our call to care for creation and make an impact on the environment.

In our increasingly divided nation let us take a pledge that we are ready and willing to care for our common home. We as individuals need to keep up the goals of JPIC – To foster an atmosphere in fraternity, to reinforce the appreciation of the dignity of the human being.

I take this opportunity to congratulate

Sr. Deepti (JPIC Co-ordinator for Delhi province) and all the office bearers for the keen interest you have shown towards bringing out JPIC E-Magazine and to be connected with all. May God bless your work and deed.

There really can be no peace without **justice**. There can be no justice without truth. And there can be no truth, unless someone rises up to tell you the truth.

Louis Farrakhan // Quoteistan.com

Manager's Message



**"This we know, the Earth does not belong to us ; we belong to the earth. We did not weave the web of life; we are merely a strand in it. Whatever we do to the web we do to ourselves."
Chief Seattle**

Dear Teachers and Students ,

I am indeed happy to note that JPIC Magnet Club , Nainital is bringing out an E- Magazine . The articles highlighted in the E- Magazine will enable and inspire the readers to view earth as a living organism integrated, immersed and connected to all creation. Our future and the fate of the earth will depend on our ability to educate the present generation to protect the planet earth for a sustainable future. This will also provide a platform for the teachers and students to give expression to their creativity and inner thoughts .



Thus sharing with every body the outreach activities , deeds of compassion and active participation of the teachers and students to promote Justice, peace and integrity of creation. This will lead the teachers and students to a greater sense of self and of interconnection to transform their personal lives and to promote a positive attitude and a collective responsibility to uphold the integrity of creation and thus honour the divine creator.

I congratulate Sr. Manjusha the Principal, Sr. Deepti the JPIC Co-ordinator, Staff and Students of St. Mary's Convent College Nainital for the initiative taken towards this noble cause of caring for our common home.

Message from JPIC Co-ordinator of Delhi Province



“Darkness cannot drive out darkness: only light can do that”

There is strength and goodness inherent in every individual. Promoting peace and harmony with oneself, others and nature is the need of the hour and compassion is essential for a peaceful coexistence of humanity. Creation calls for collaboration in an ongoing process as human beings are companions to other creatures in an earth community.

JPIC reminds us that we need to keep our eyes open, heart sensitive and hands prepared for the work of charity and rational use of creation. We are all connected and dependent on one another. The JPIC Magnet Club of St. Mary’s Convent, Nainital has been especially instrumental in raising awareness in the school community on issues of caring for mother earth, peace and justice in the world through school assemblies, various competitions and reaching out to the less privileged in times of need .

I marvel at the inventive capacities of our times. The rapid development in information technology for communication have made it possible to overcome geographical barriers and create a universal solidarity as never before, which enabled us to gather online at this time of pandemic.

I am indeed grateful to Sr. Manjusha CJ, the principal of St. Mary’s Convent college, Nainital for the wonderful way in which she supported the JPIC Club. I am thankful to the JPIC coordinators both teachers and students for their meticulous efforts in bringing out this first E-Magazine of JPIC. Let us commit ourselves with greater passion and compassion to justice, peace and integrity of creation.

Message from JPIC Co-ordinator Teachers, SMC Nainital



Ms. Bhawna Mehra

Social evils, prevalent in the society, are detrimental to moral values. These social evils and inhumanity being deeply rooted, have been dominating the society over the centuries. This adverse situation has also been hampering the overall growth of the society. This scenario has made social reforms imperative for the development of the society. JPIC Magnet Club SMC Nainital is committed to root out these evils from the society. Also, the youth in Ramnee believes that a constructive mind set can easily improve these inhumane conditions.

Our group, with its tireless practices, is committed to work on the objective of Justice, Peace and Integrity of Creation because

"Together, We can make a difference"

I am extremely grateful to our respected Principal, Sr. Manjusha, for believing in me and giving me the opportunity to hold this prestigious position of JPIC Magnet Club SMC Nainital. Under her constant guidance, I was able to explore new areas and also got the chance to work as a Naturalist and Socialist. I would also like to thank Our Manager, Sr. Digna, JPIC Co-ordinator Delhi province, Sr. Deepti, all my peers and most importantly the students, who were always ready as torchbearers. We, as a team, are always ready for the welfare of society.



Ms. Sunita Negi

"Not all of us can do great things. But we can do small things with great love."

The virtues of generosity and love have been intrinsic to Ramnee. Each year the institution celebrates Christmas with little acts of kindness and this year was no different. On 22nd December, under the able guidance of Principal Sr. Manjusha and Manager Sr. Digna, sisters and staff members distributed essential food items and blankets to the less privileged.

Amidst the testing times of the pandemic, the sisters of Ramnee extended a helping hand to more than 250 less privileged that included waste collectors, rickshaw pullers, among others. Thereby lifting their spirits on the joyous occasion of Christmas.

The drive was arranged within the premises of the school, keeping Covid protocols in mind. Since the advent of the Covid-19, Ramnee has distributed ration to thousands in need and is dedicated to the cause.



APOORVA SAGTA
JPIC PRESIDENT SMC

I would like to start with thanking Sr. Manjusha (The Principal), Sr. Digna (The Manager), Sr. Deepti (JPIC Co-ordinator Delhi Province) and all the JPIC members SMC for seeing the potential in me and always unquestioning my journey of being the President. Justice Peace and Integrity of Creation aims at the betterment of our common home Earth and its people. Laudato Si goal too says "Earth, our common home, now cries out to us because of the harm we have inflicted on her by our irresponsible use and abuse of the goods with which God has endowed her".

A very common saying says "Preach what you teach" which stands universally true. One cannot teach values or ethics without employing them in one's own life. Through JPIC, I got to see a different version of myself. It has wholly changed me from within, by giving me a chance to be a leader and lead my fellow members to achieve the JPIC goals. It made me a responsible being of this delicate Earth, taught me to value it and its creation and be empathetic towards all. It has also helped me gain confidence by transforming me into a brave colleen. I feel so delighted after being a part of such a significant group which inspires you to be responsible towards our common home, Earth.

I will always lay hold of the values and responsibilities it has drilled inside me throughout the voyage of my life. By the constant support of Sr. Deepti, JPIC Co-ordinator Delhi Province and cooperation of our Teachers and our fellow members we have also organized a good number of assemblies to spread awareness in the society.

I would like to thank each and every member of JPIC, Ramnee for always co-operating and believing in me. At last I would like to express my sincere thanks towards Our Secretary, Nishtha Tripathy Our Treasurer, Hiteshi Pathak, Ms. B.Mehra , Ms. N.Kohli, Ms. S. Negi and Ms S.Taragi for always standing as pillars of strength and making an amazing team who is always thrilled with a new day and a new opportunity.



NISHTHA TRIPATHY
JPIC SECRETARY

I , Nishtha Tripathy, the Secretary of the JPIC Magnet Club SMC , am immensely grateful for the cooperation of the JPIC group . Firstly, I would like to thank Our Principal, Sr. Manjusha, The JPIC Co-ordinator of Delhi Province, Sr. Deepti, and all the teacher members of JPIC, for giving me the opportunity to work with this group where members are extremely humane, with their hearts filled with kindness, compassion, empathy. They are always willing to help others.

Secondly, I would like to thank the JPIC MAGNET CLUB SMC Members to put faith in me and choose me as the Secretary of such a magnanimous group. It's been a huge responsibility through out as the Secretary of the club , but with the help of The President, Apoorva Sagta, The Treasurer, Hiteshi Pathak and the Teacher Co-ordinators, the journey was much easier.

The mission of JUSTICE PEACE AND INTEGRITY OF CREATION is that of “keeping the eyes open, heart sensitive and hands prepared for the work of charity which is called upon to realize in the world”. JPIC also focuses on important matters like Water Conservation, Child Labour and Gender Equality which indeed is helpful in improving the society and bringing a change in the world. Different schools which are linked with JPIC Magnet club are working for one main cause of making the world a better place for everyone. Many a times, we tend to think that the world's problems are so big that we can hardly do a little to help. We believe that we cannot end wars or wipe out injustice, but the cumulative impact of thousands of small acts of goodness can be bigger than what we imagine. As it is said ,

**Little drops of water, Little grains of sand,
Make the mighty ocean, And the pleasant land.**

Similarly, thousands of efforts made by JPIC MAGNET CLUB members to help and improve the world, can bring out a positive big change in the world. JPIC has instilled in me qualities of kindness , generosity , politeness and empathy. JPIC has taught me that when you become the reason of someone's smile, that precious moment makes you feel real happiness. Therefore, the goal of my life has become to achieve that real happiness everyday by helping someone or the other. I will always give my best to this group so that we together can see the world we dreamt of.



HITESHI PATHAK
TREASURER JPIC SMC

I ,Hiteshi Pathak the treasurer of the JPIC Magnet Club SMC, am thankful to the Sisters and teachers for giving me the opportunity to be a part of the JPIC group . This group has instilled in me the feeling of empathy , awareness and self realisation. I am glad to be a part of a group which is on a journey to make our surroundings environmentally and socially healthier .

With my full devotion I will always practice the 7 Laudato Si' Goals which are: (1) Response to the cry of the earth (2) Response to the cry of the poor (3) Ecological economics (4) Adoption of simple lifestyles (5) Ecological education (6) Ecological spirituality (7) Community engagement and participatory action.

At last I would like to thank the Cabinet members of JPIC Magnet Club for co-operating with me.

THE BIRTH OF JPIC IN

"SMC, RAMNEE"



17th July 2021, is one of the most remarkable dates in the history of St. Mary's Convent College Nainital, as on this day the JPIC Magnet Club was conceptualized under the mentorship of Sr. Manjusha, The Principal .The commitment of St. Mary's towards the welfare of the society is always evident and with the formal initiative under the Umbrella of JPIC, Justice, Peace and Integrity of Creation, St. Mary's got the new and robust wings towards their mission.

Under the leadership and supervision of Sr. Manjusha, our Principal and Sr. Deepti, the JPIC Co-ordinator Delhi Province, a meeting for teachers was conducted on 17th july, wherein the Teachers cabinet members were decided.

Ms. Bhawna Mehra as JPIC Co-ordinator

Ms. Naini Kohli the as JPIC Secretary.

Ms. Sunita Negi the as JPIC Treasurer

The first session of JPIC with the students took place on 31st of July . It was organised by The Principal of SMC Nainital, Sr. Manjusha and The JPIC Co-ordinator Delhi Province, Sr. Deepti. The meeting was conducted to introduce the JPIC Magnet Club to the young students and to let them be acquainted with the mission of the club. Everyone was exhilarated and took an active part in the meeting. The JPIC Club meeting started sharp at 9 a.m where Sr. Deepti briefed the enthusiastic students about JPIC, through virtual meeting platform of zoom. She explained how the young generation can bring a great change in the world. She also introduced the Green Campus program to the students.

The Principal SMC Nainital, Sr. Manjusha, enlightened the students on Laudato Si goals through an engaging presentation which was followed by a productive interacting session with them. Eventually, the student Cabinet, Apoorva Sagta was appointed as President , Nishtha Tripathy as Secretary and Hiteshi Pathak as Treasurer of the club.

JPIC MAGNET CLUB CABINET MEMBERS SMC



*Sister Manjusha
(Principal)*



*Sister Digna
(Manager)*



*Sister Deepti
(JPIC Co-ordinator Delhi Province)*



*Ms. Bhawna Mehra
(JPIC Co-ordinator)*



*Ms. Naini Kohli
(JPIC Secretary)*



*Ms. Sunita Negi
(JPIC Treasurer)*



*Ms. Sangeeta
Taragi*



*Ms. Namita
Adhikari*



*Ms. Madhu
Bisht*



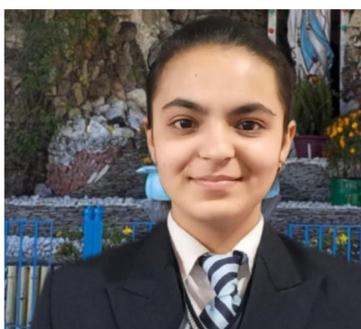
*Ms. Deepti
Pant*



*Ms. Deepti
Pathak*



*Ms. Alka
Nigam*



*Apoorva Sagta
(JPIC President)*

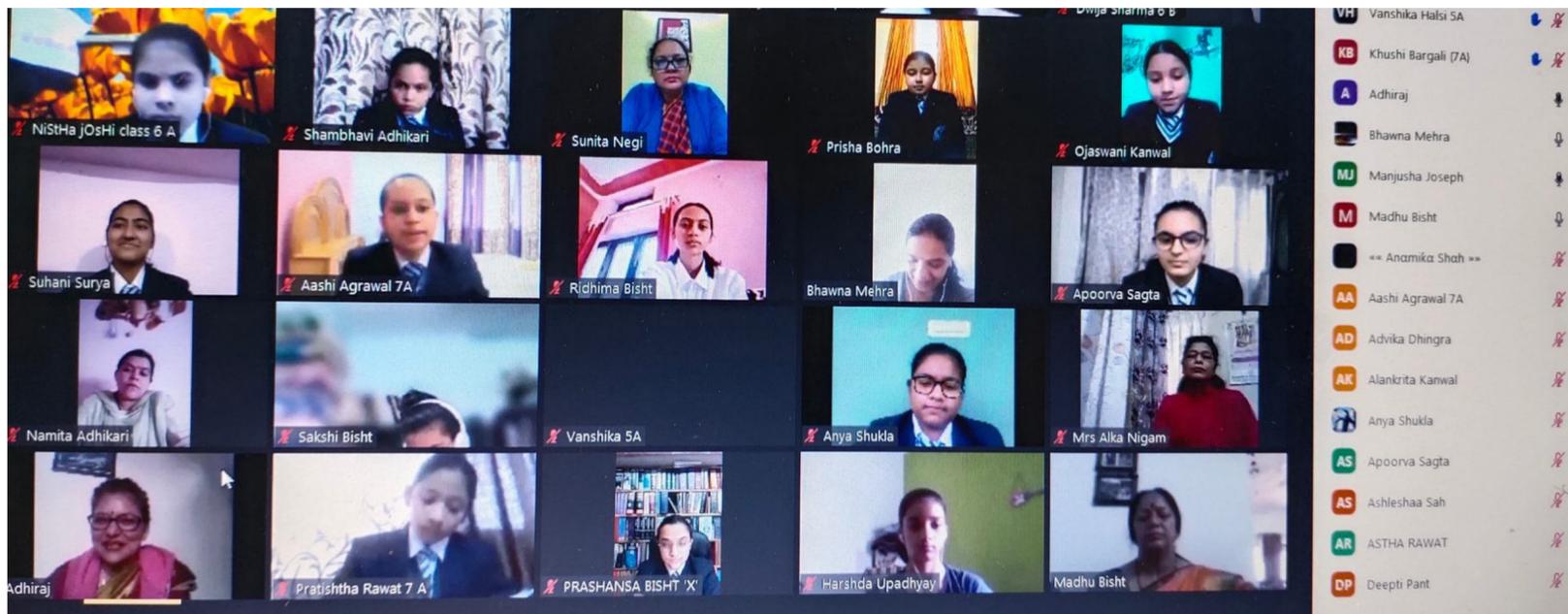


*Nishtha Tripathy
(JPIC Secretary)*



*Hiteshi Pathak
(JPIC Treasurer)*

PLANNING THE STRATEGY



The JPIC MAGNET CLUB, Co-ordinators (Teacher Co-ordinators and Student Co-ordinators) had their meeting on 3rd August 2021, to discuss their first assembly on 28th August.

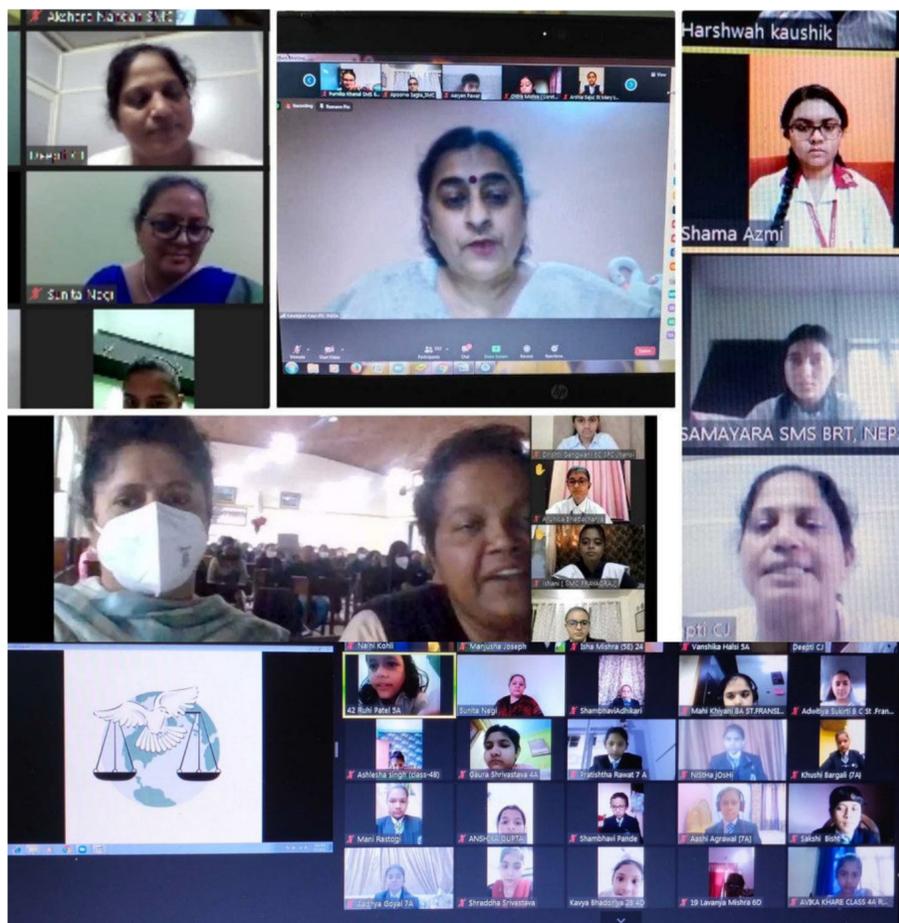
The Student Co-ordinators suggested some ideas like making presentations, having competitions and creating a skit on youth. At last, the teachers and students decided to divide the classes among each other.

Junior set to be taken care of by Ms S.Negi and Hiteshi Pathak, Middle set to be taken care by Ms N.Kohli and Nishtha Tripathy, Senior set to be taken care by Apoorva Sagta and Ms B.Mehra. The teachers asked the Student Co-ordinators to give a draft of the assembly programs by 5th August evening.

Conclusively the teachers and students made their first step towards organizing their assembly on 28th August 2021.



WEBINAR WITH NATIONAL CO-ORDINATORS OF JPIC



With a view to enlighten the newly introduced members of JPIC about the activities being done by the JPIC family all over the world, the JPIC Co-ordinators of Delhi province organized a webinar on 7th August 2021, in which the JPIC members of St. Mary's Convent College Nainital, SFC Jhansi, Mount St.Mary's Rudrapur, St.Mary's Sr. Sec School Delhi, St.Mary's Jujjar, St. Anthony's College

Jeolikote, Nirmala College Jhansi, St. Joseph's School Puranpur and JPIC members from Allahabad Province were present. Our two special invitees Mrs. Kawaljeet Kaur and Mrs. Sanchaiyta Dey, the National Co-ordinators of JPIC, spoke about how JPIC is being practiced in Loreto Schools. Mrs. Kaur informed the students about the basic principles of JPIC which are SEE, JUDGE AND ACT. She enlightened everyone about the burning issues of Gender Equality, Conservation of Water and Child Labour. The curious students put forward many questions which were well answered by Mrs. Kaur. There was an interactive session among the group members which was followed by the inputs given by our learned Sisters and Teachers who also pooled-in their evocative suggestions and feedback.

At the end of the meeting Sr. Deepti ,the JPIC Co-ordinator of Delhi Province, addressed the gathering with encouraging words. The Sisters and Teachers who were present for the webinar also contributed to the session and encouraged the students to work as a team to achieve the common goals of JPIC.

INTERNATIONAL WEBINAR



The JPIC Magnet Club SMC Ramnee Nainital on 29th August 2021 conducted an International Webinar to ponder upon the topic "World Peace" over zoom call. The meeting started at 2:00pm. It was joined by many National and International guests including Sr. Elsy Cj, Provincial Superior of Delhi Province, Sr. Adina Cj, International JPIC Co-ordinator from Rome, Sr. Pauline, Mrs. Kawaljeet Kaur & Mrs. Sanchaita Dey, National Co-ordinators JPIC, Sisters, Teachers and Students from Loreto , Patna , Allahabad, Nepal, Bangalore, and Delhi.

A presentation on 7 Laudato Si Goals was given and beautifully explained by Sr.Manjusha, the Principal of SMC Nainital, which was followed by a query session wherein with her expertise and experience, Sister impeccably answered all the questions. Then Sr. Elsy, Provincial Superior of Delhi Province, took an initiative to give everyone the knowledge about the political history of Afghanistan. In the end, she prayed for tranquility and harmony everywhere.

Sr. Adina Cj, the International JPIC Co-ordinator from Rome, gave a majestic message about importance of peace and also reflected upon 7 Laudato Si goals. Then Mrs.Kaur prayed for World Wide peace and asked everyone present in the assembly to spread happiness. On this occasion various programs like skit, songs, dance, dance drama with strong message of peace all over the world, were also presented by students of SMC Ramnee Nainital wherein Hiteshi Pathak, the Treasurer wonderfully managed the flow of the event. The fruitful International webinar was concluded by JPIC President Apoorva Sagta and Secretary Nishtha Tripathy.

POEMS AND CHARTS

The day I realised, I was born a girl -
 I was caged;
 Anxiety, fear and depression:
 Were all, with which I was saged.
 Just because I was born a girl!

I won, but, another moment lost -
 I was alive but, another moment dead -
 I was gleaming but, another moment shredded
 by tears.

I was strong but, another moment weak -
 just because I was born a girl!

I drowned in the ocean. of myth,
 I was killed, for, I do not have a right to live -
 I am unlearned, for, education was not for me meant ;
 I am clutched, for, all my rights were to men lent -
 Just because I was born a girl!

But one day, I really realised, what the powers of a woman can do
 That day, I felt empowered too ;
 I was weak, but, felt the strength beneath :
 I am the strongest and blessed indeed!
 Just because I am born a "girl" !
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 Were all, with which I was saged.
 Just because I was born a girl!

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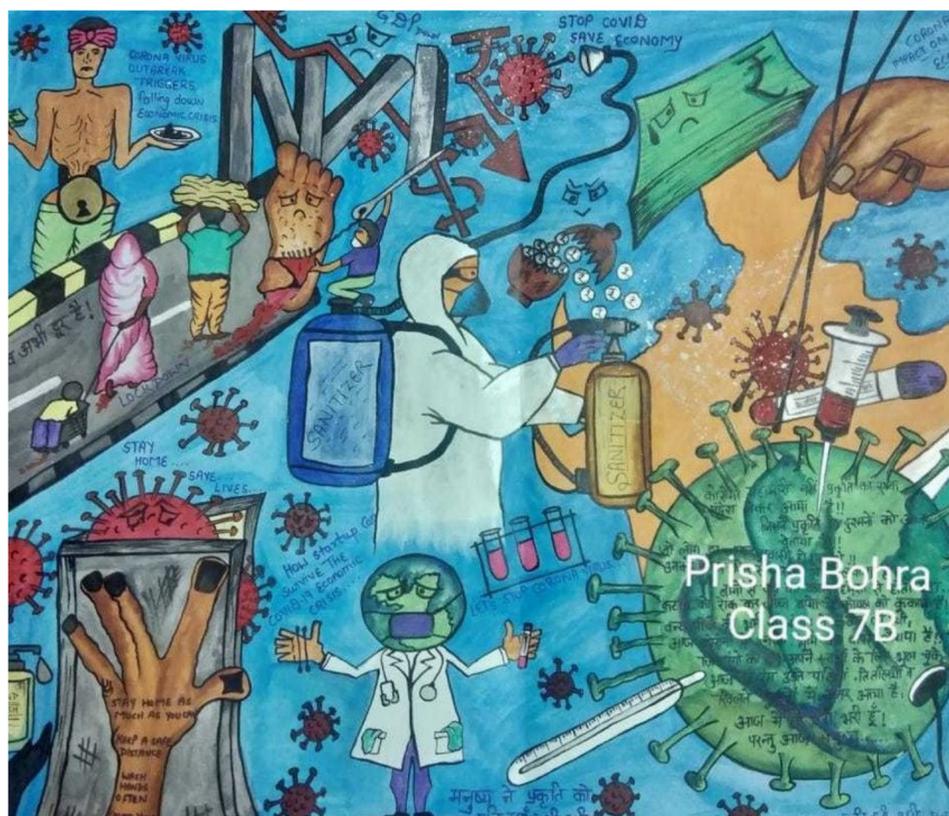
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But one day, I really realised, what the powers of a woman can do -
 That day, I felt empowered too ;
 I was weak, but, felt the strength beneath :
 I am the strongest and blessed indeed!
 Just because I am born a "girl" !
 Why am I always dominated and depressed?
 Why am I considered the weakest, and always suppressed?
 Why am I not given the right to fly anigh ?
 And why the world looks upon to me with a sigh?
 Is it just because I am born a "girl"?

To save a girl child, is the cry of the Nation :
 For she is the strongest and blessed creation !

SAVE GIRL CHILD, SAVE WORLD !

-FATIMA SIDDIQUI CLASS 9'



Herbal Garden

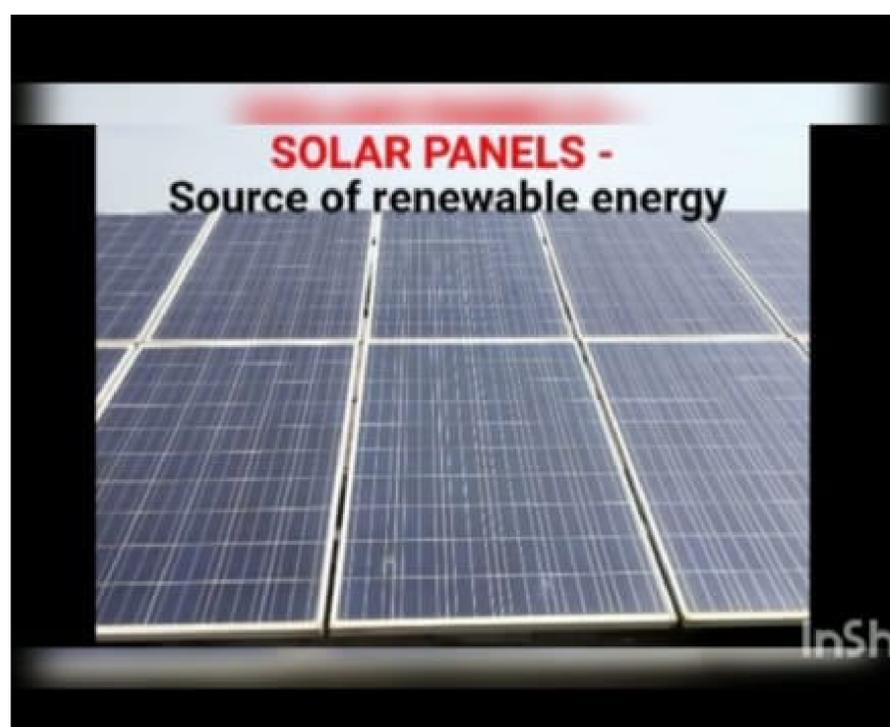
Herbs have many medicinal values and planting medicinal plants in the school campus is an opportunity for the students to explore information about them from various resources .

'He who plants a tree, plants a hope ', with this thought in mind the JPIC Co-ordinators decided to make a herbal garden within school campus, and it was possible because of the active participation of Ms. N. Adhikari. who provided us few herbal plants. We were fortunate to have Sr. Elsy with us on the same day as she too joined in planting the saplings along with our principal, manager, JPIC Co-ordinators and students. We hope to see the garden making progress.



Interview for the use of solar energy

To promote the use of solar energy in order to achieve the 7th SDG "ensures access to affordable , reliable , sustainable and modern energy for all", one of the JPIC Magnet club SMC member, Devanshi Sah , took an interview of a localite family, in Nainital, who had installed solar panels in their house. On being asked the importance of usage of solar energy, Mr Pawan Sah explained that home solar is a clean, emissions-free, and renewable energy source. Unlike fossil fuels such as coal and natural gas, home solar doesn't release harmful pollutants or greenhouse gas emissions—like carbon dioxide—into the air and water supply. Mrs. Nidhi Sah and Mrs. Ajeeta Sah told that they felt positivity after installing the solar panels in their home, their monthly bills got reduced and the atmosphere was more fresh than before. At last they appealed to everyone to use solar energy to save their environment and mother earth from global warming.



HUMANITY IS THE BIGGEST RELIGION



Under the able guidance of our reverent Principal Sr. Manjusha the JPIC members of SMC Ramnee had their prayer assembly on Inter Religious Peace on 25th September 2021.



The honourable guests for the assembly were: the Prophets from all religions, Pandit Indra Kumar Kapil Ji from Bhowali, Mufti Sahib and Imaam Sahib of Jama Masjid Nainital, Ms. Ranjeeta Kaur, and Fr. Aloysius.

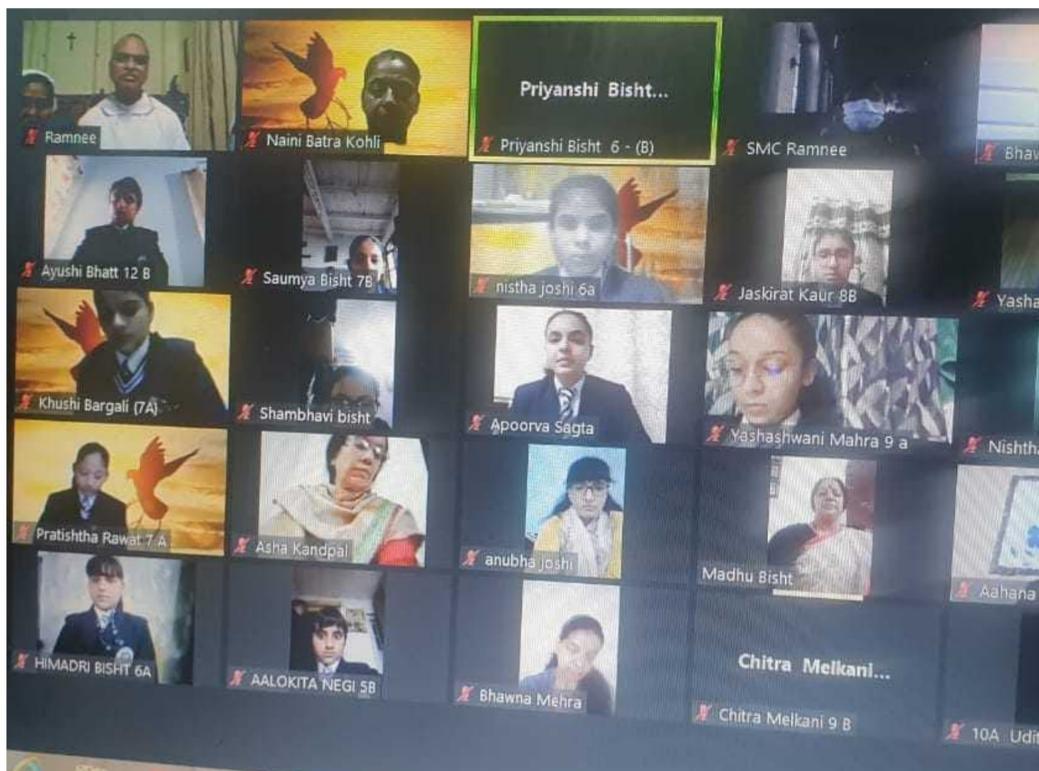
A group of students and teachers were also part of this inter-religious prayer assembly. Our dear Principal, Sr. Manjusha expressed her views on Inter-Religious Peace and described how unity can contribute to the world. Some of the members of the JPIC Magnet Club SMC reflected on world peace and how all religions are equal. The Prophets of all the four religions Christian, Hindu, Muslim, and Sikh spoke about peace through their holy scriptures. We all were explained that every religion is equal and preach peace. After the enlightening words of the prophets, some of the members of the JPIC club offered their petitions to the Lord asking to grant blessings on all. After the petitions a dance was presented which gave a message of 'Unity in Diversity'.

Finally, the assembly was concluded by the Treasurer of JPIC Magnet club SMC with the words of hope. Ms. S. Negi proposed a vote of thanks to all the guests and audience for attending the prayer assembly.



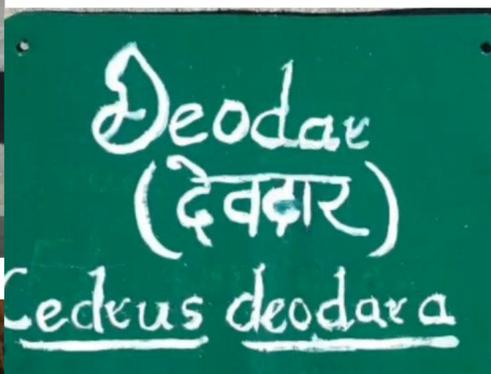
Inter religious prayer assembly

25th September



Name plates for Trees

St Mary's always tries to find creative ways to contribute to nature. In the month of September, few Students, Teachers and Sisters creatively made the coloured name plates for the trees and coloured them. The name plates not only increased the beauty of the trees but also gave the students the knowledge about different types of trees. It seems as if the trees themselves introduce each and everyone in the school with their names. .



AN EFFECTIVE AND INSIGHTFUL INTERACTION, SMC NAINITAL

In the acquaintance of Dr. K Sharma, the students of St. Mary's Convent College Nainital had an interaction with Prof. Lalit Tewari and Dr. Naveen Pandey in the month of September and October regarding the medicinal herbs and trees in school campus.

The identification of plants, their common names , scientific names and their uses were explained to the students by Deputy Ranger of Forest department Mr. Deepak Tewari and his assistant Arvind Kumar .



Gandhi Jayanti



The JPIC members SMC Ramnee had their assembly on Gandhi Jayanti on 2nd October at 5:30 on a zoom call, Sr.Digna, our Manager, Sr. Deepti, The JPIC Co-ordinator of Delhi Province, Sisters, teachers and students were present in the meeting. Assembly was started with the JPIC prayer. Videos were displayed which threw light on the lives of Mahatma Gandhi and Lal Bahadur Shastri. Quotes said by these great people inspired the students. Sr.Deepti, gave a presentation and expressed her views on Laudato Si Goals.

After the presentation of a video on Season of creation prepared by Devanshi Sah , class 11A. Sr. Digna spoke at length on the importance of the day. An overall summary on JPIC activities was given by Nishtha Tripathy, the Secretary, JPIC CLUB SMC. It was followed by a video on, a survey done on "Water Analysis" within school premises. Finally the assembly was concluded in the memory of Gandhi Ji and Shastri Ji with patriotism in everyones hearts. A vote of thanks was given by President Apoorva Sagta.

DISTRIBUTION OF ESSENTIALS TO THE NEEDY, SMC NAINITAL

Reaching out to the poor and needy during Christmas. Sharing and caring for the less privileged of the society and thus becoming one with them is the kind attitude of St. Mary's Convent College Nainital.

On 22nd December, under the able guidance of Sister Manjusha (the principal) and Sister Digna (the manager), SMC Nainital distributed blankets and essential food items to the less privileged.



JPIC MEMBERS (WORLD WIDE) MEETING

On 3rd Nov the JPIC members of Maryward family across the globe gathered together on a zoom call.

The JPIC Representatives from three countries were asked to share about the implementation of JPIC. From India Sr. Deepti was privileged to share with the group how the Delhi province is committed to bring to action the seven goals of Laudato Si', through a PowerPoint presentation.



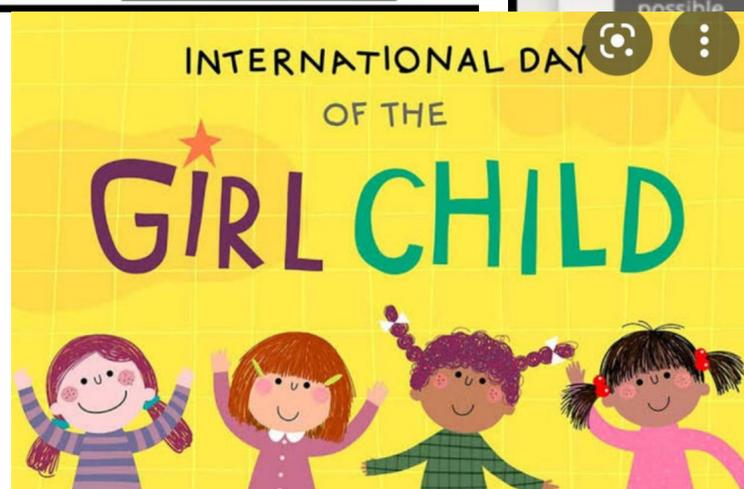
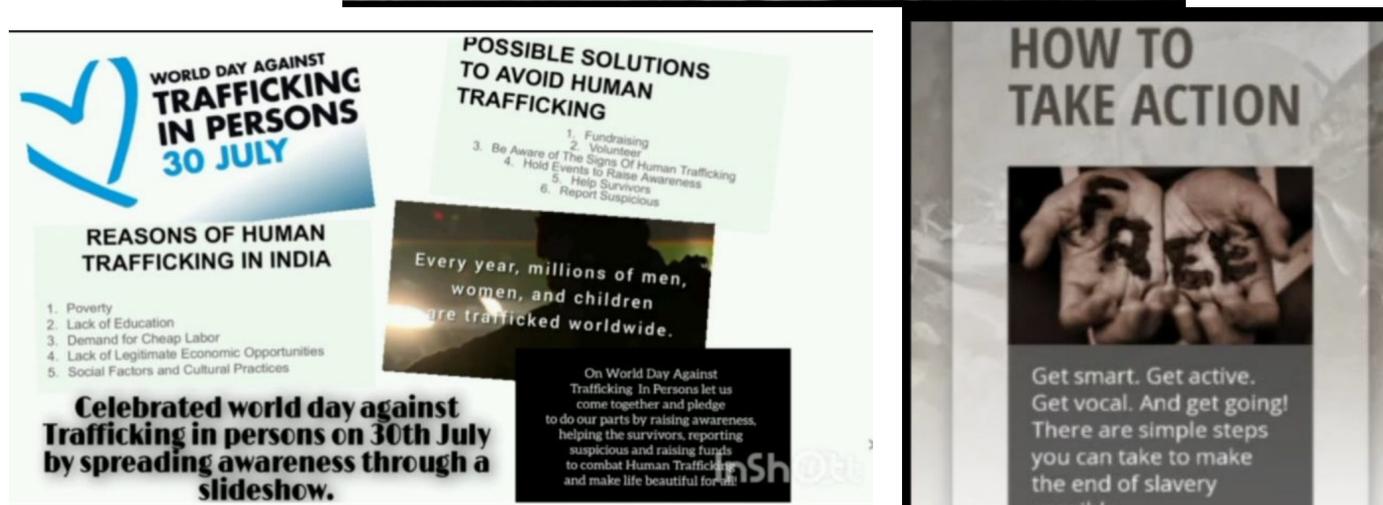
Laudato Si'

Happiness means knowing how to limit some needs which only diminish us, and being open to the many different possibilities which life can offer us. n 223



International Day Celebration

The International day of girl child and International day of eradication of poverty were celebrated by the JPIC members through videos on 11th October 2021 and 17th October 2021 respectively, through which they tried to pass a strong message to save girl child and need of compassion and love towards the poor. The videos were circulated to the different classes of SMC through various groups, other schools and also published in our school's JPIC Facebook page, so that maximum number of people could get the knowledge and help in spreading awareness. The videos gave a lot of information which could help a lot of people to achieve basic human rights.



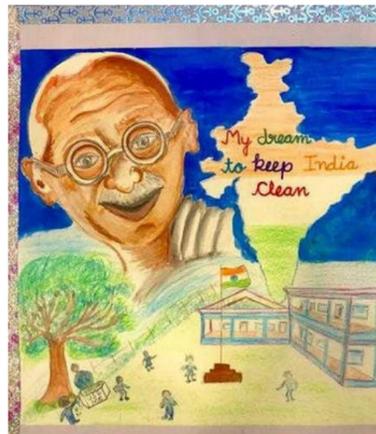


WORLD DAY AGAINST TRAFFICKING IN PERSONS 30 JULY

REASONS OF HUMAN TRAFFICKING IN INDIA

1. Poverty
2. Lack of Education
3. Demand for Cheap Labor
4. Lack of Legitimate Economic Opportunities
5. Social Factors and Cultural Practices

Celebrated world day against Trafficking in persons on 30th July by spreading awareness through a slide show



**God, My Loving Mother and Father,
In the Warmth of my Home,
Let me remember the homeless.**

**In the aroma of my food,
Let me remember the starving.**

**In the wholeness of my body,
Let me remember the impaired.**

**In the abundance of my Blessings,
Let me not embrace vanity
but let my actions speak,
Silently serving Humanity.**